敬啟者：

「活用指導式遊戲治療技巧支援低學習動機學童的家長」工作坊

現今學童在學習上面對不少壓力及困難，而低學習動機之學童在學習上更明顯出現成績落後的情況，除影響其自尊自信發展外，同時亦嚴重影響親子關係。而遊戲治療技巧正好能讓家長學習以正面及具體之方法協助學童提升學習動機，增加學習趣味之餘，提升自信。

有見及此，本中心將於2015年10月30日，邀請理盧幼倫教授主講「活用指導式遊戲治療技巧支援低學習動機學童的家長」工作坊，以協助各專業同工增加處理及支援低學習動機的學童及其家長之技巧。

現隨函附上工作坊單張及報名表乙份，歡迎有意之同工報名參加。如有任何查詢，請致電2267 6322與本中心負責社工梅建芝姑娘或本人聯絡。

此致
各單位主管

吳少霞
東華三院家庭成長中心署理主任

二零一五年九月二日
附件：工作坊單張及報名表
Workshop on "Using Directive Play Therapy Techniques to Support Parents of School-aged Children with Low Learning Motivation"
「活用指導式遊戲技巧支援低學習動機學童的家長」工作坊
Speaker: Professor Norma Leben (理盧幼慈教授)

Date and Time: 30 October 2015 (Fri) 9:30am to 5:00pm
Venue: Hong Kong Baptist Theological Seminary
         Applied Theological Education Center
         Rm 801, 8/F, Christian Center, 56 Bute Street, Mongkok, Kln.
Target Participants: Social workers, and other helping professionals preferably with prior training on Play Therapy
Language: Chinese supplement with English
Training Fee: $900 (on or before 2 October 2015)
             $1050 (after 2 October 2015)

The Workshop Content:
Children with low learning motivation are at risk of academic underachievement and negative parent-child relationship. This workshop is designed to equip participants' coaching and play therapy skills necessary to improve the learning motivation of these children. Play Therapy is a therapeutic method, individually or in groups, facilitates the expression of positive and negative feelings. Play Therapy games activities can be applicable to learn academic, social and coping skills. With the use of play therapy techniques, parents can be engaging to support their children. Children improve their performance because they feel support and appreciation of their effort. Professional coaches' job is to encourage parents to set example of being calm and focus on the task at hand. Norma will demonstrate games which help with specific subjects. Use of these games will increase children's attention span and improve motivation.

The Workshop Objectives:
After attending the training, the participants will
1. Improve understanding, confidence and coaching skills in supporting parents with children having low learning motivation.
2. Apply play therapy techniques and skills learned to enhance children's self-esteem and learning motivation.
3. Learn mindfulness exercises to share with parents to help with focus and emotional regulations for stress reduction.
**Required Supplies:** Each participant is required by the trainer to bring along “The Smiley System for Compliance of Responsibility Training for Children” and the “Feelings Wheel Game”《啟人發問的輪》developed by the trainer to the workshop for practice in class. Supplies are available at the Greenfield Educational Centre, call 2304-0355. Collective purchase service can be arranged to buy at 10% discount (Feelings Wheel Game $252, The Smiley System $315). Purchased supplies can be picked up at the Workshop.

**About the Speaker, Professor Norma Leben:**

- IBECPT Certified Professor of Child Psychotherapy and Play Therapy, Play Therapy International (HQ in England); Texas Licensed Clinical Social Worker (LCSW); Academy Certified Social Worker (ACSW), National Association of Social Workers (NASW); Registered Play Therapy-Supervisor (RPT-S), the Association for Play Therapy; Awardee of the Ten Outstanding Young Persons of Hong Kong in 1976; Founder and Executive Director of the Morning Glory Treatment Center for Children (MGTCC) as a nonprofit corporation; Member of Advisory Board School of Social Work, University of Texas-Austin. (See www.playtherapygames.com)
- To spread her play therapy mission, Norma has created games for therapists to use in counseling children, written how-to books, and produced more than 40 CD/DVD that demonstrates her parenting style and play therapy techniques.

**Application Deadline:** 13 October 2015  
**Enquiry:** 2267 6322
Workshop on “Using Directive Play Therapy Techniques to Support Parents of School-aged Children with Low Learning Motivation”

「活用指導式遊戲技巧支援低學習動機學童的家長」工作坊

(Speaker: Professor Norma Leben)

Application Form

Please tick the appropriate boxes:
Name: □Mr. □Mrs. □Ms. □Dr. (ENG) ___________ (CHI) ___________
Agency: _______________________________________________________________________
Profession: ___________________________________________________________________
Address: _______________________________________________________________________
Office Tel: __________________ Fax: __________________ Mobile No.: _________________
Email: _______________________________________________________________________

Training Fee: □ $900 (on or before 2 October 2015)
□ $1050 (after 2 October 2015)

Supplies: □ $315, The Smiley System for Compliance and Responsibility Training for Children, includes a hand book and a Smiley board in English, and 2 CDs 《妙面妙語妙策》in Cantonese (Original price $350)
□ $252, The Feelings Wheel Game《敢言感受錦繡輪》: Box Combo Pack, includes the Board game, a demonstration VCD, a Reference Book《培育兒童心智成長遊戲60種》and a DVD《表情動靜表心態》(Original price $280)
□ $135, The Feelings Wheel Game《敢言感受錦繡輪》(Original price $150)

Total Fee (HK$): _______________ Cheque No.: _______________ Bank: _______________

Note: Please send the completed application form together with the crossed cheque payable to “Tung Wah Group of Hospitals” to the following address:

TWGHs Centre on Family Development
Unit 109-110, G/F, Kwai Yuen House, Chuk Yuen South Estate, Kowloon.
Deadline of Application: 13 October 2015
Enquiry: 2267 6322